

## ABSTRACT

Described is a device that releaseably couples a person to kites and other like sports equipment. The device for coupling to kites and other like sports equipment comprises a releasable hook mechanism attached to a spreader bar, said releasable hook mechanism comprising a releasable hook pivotally attached to a body that attached to the spreader bar, said  
5 releasable hook pivotally movable from a closed position to an open position. The releasable hook, preferably, is resiliently biased from the closed position to the open position. The device may further comprise a release plate mechanism that releaseably holds the rotatable hook in the closed position. Additionally, the device may further comprise a release defeat mechanism that  
10 prevents release of the rotatable hook by the release plate mechanism. Finally, the device may further comprise a rotating safety lease attachment ring that is rotatingly attached to the body of the device.